

TUSH PUSH

ADVANCED DANCE

MUSIC: BE MY BABY TONIGHT JOHN MICHAEL MONTGOMERY
FEVER BY GARTH BROOKS
AIN'T GOIN' DOWN 'TIL THE SUN COMES UP GARTH BROOKS
T-R-O-U-B-L-E BY TRAVIS TRITT

THERE ARE MANY VARIATIONS TO THIS DANCE HOWEVER THIS IS THE BASIC
BEGINNER'S TUSH PUSH

START WITH FEET TOGETHER

TWO HEELS ON THE RIGHT

ONE HEEL ON THE LEFT WITH THE EIGHTH COUNT HESITATING ON THAT LEFT HEEL
SCISSOR STEP (KICKING UP YOUR RIGHT LEG, THEN THE LEFT, LANDING ON YOUR
LEFT LEG CLAPPING ON THE FOURTH COUNT

REST YOUR RIGHT FOREFOOT ON THE GROUND AND BUMP HIPS TWO TIMES TO THE
RIGHT

BUMP HIPS TWO TIMES TO THE LEFT BUMPING BEHIND THE LINE OF DANCE

BODY WAVE ROLLING BODY FOR FOUR COUNTS USING YOUR CHEST FIRST, HIPS
FOLLOW

CHA-CHA ON THE RIGHT FORWARD

STEP LEFT FOOT FORWARD

PICK UP RIGHT FOOT (IN THE BACK)

REPLACE RIGHT FOOT)IN THE BACK)

CHA-CHA ON THE LEFT FOOT BUT DOING IT EVEN WITH THE RIGHT FOOT

STEP RIGHT FOOT BACK

PICK UP LEFT FOOT AND REPLACE IT

CHA-CHA ON RIGHT FOOT EVEN WITH THE LEFT MOVING FORWARD

STEP ON THE LEFT IN FRONT OF LINE OF DANCE, PIVOT ON THE LEFT FOOT TURNING
TOWARD THE RIGHT SIDE OF THE DANCE FLOOR

CHA CHAN ON THE LEFT FOOT

STEP RIGHT FOOT IN FRONT OF LEFT FOOT

PIVOT $\frac{1}{4}$ TURN TO THE LEFT

PLACE RIGHT FOOT IN FRONT OF LEFT AGAIN AND PIVOT $\frac{1}{2}$ TURN TOWARD THE LEFT
SIDE OF THE DANCE FLOOR

STOMP ON RIGHT FOOT TWO TIMES

BEGIN DANCE AGAIN WITH TWO HEELS ON THE RIGHT